

# HealthSpeak

 **Dignity Health™**  
Northridge Hospital  
Medical Center

HUMANKINDNESS FOR 60 YEARS | 2015, No. 3



## Picturing Cancer-Free Tomorrows



## Our Mission: Remission



**Saliba H. Salo**  
President/CEO

A cancer diagnosis can bring feelings of uncertainty and hopelessness. At the **Thomas and Dorothy Leavey Cancer Center**, we aim to instill in every patient a can-do attitude. From the most advanced technology resulting in better clinical outcomes, to a healing environment that fosters integrative health and a sense of well-being—the Leavey Cancer Center provides the

best quality of care to enhance our cancer patients' and their family's lives.

Our specialty programs include the Liver and Pancreas Program, Surgical Oncology Clinic and a compassionate Clinical Navigator who personally walks each patient through treatment. In addition, the Harold & Carole Pump Department of Radiation Oncology offers state-of-the-art treatments.

We specialize in treating:

- Brain & Spine Cancer
- Breast Cancer
- Colorectal Cancer
- Gynecology Cancer
- Liver & Pancreatic Cancer
- Lung Cancer
- Lymphoma & Leukemia
- Prostate Cancer
- Skin Cancer

If you or someone you know is looking for an experienced, board-certified cancer physician, please call **818.908.8677** or visit **[www.DignityHealth.org/northridgehospital](http://www.DignityHealth.org/northridgehospital)** or **[Healthgrades.com](http://Healthgrades.com)**.

**Saliba H. Salo**  
President/CEO

## Awards and Accreditations

The Leavey Cancer Center has earned two esteemed accreditations from the Association of Community Cancer Centers and the American College of Surgeons (ACoS). Only 25 percent of hospitals nationwide have received the prestigious ACoS accreditation.

## Contact Us

Dignity Health - Northridge Hospital Medical Center  
18300 Roscoe Blvd.  
Northridge, CA 91328  
**[DignityHealth.org/northridgehospital](http://DignityHealth.org/northridgehospital)**

**FREE Find-A-Doctor: 818.908.8677**  
**[www.DignityHealth.org/northridgehospital](http://www.DignityHealth.org/northridgehospital)**

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**Tracie Gipson, Editor; Christina Zicklin, Director;**  
**Teresa Unsinn, Office Manager; Robert Silber, Photography**

All physicians featured are on the medical staff of Northridge Hospital Medical Center (NHMC). Many of these physicians are in private practice and, as independent practitioners, are not employees or agents of NHMC. Information contained in this publication is not intended for the purpose of diagnosis or prescribing.

Please consult your physician before taking on any form of medical treatment, exercise program or dietary guidelines.

# Brothers Win the Battle With Lymphoma



The Orkin brothers resumed playing in their band *King Baby* after winning the battle with Lymphoma. (L-R) Matt, their mother and Josh.

Two bouts of cancer haven't stopped the Orkin brothers from sharing their love of music with others. They play ragtime, blues and jazz at farmer's markets, parties and school events for the Los Angeles Unified School District where they're both employed.

"I was the first to get the music bug 10 years ago when I started playing the guitar, banjo and fiddle," recalls Josh. "Then my dad got interested, and my brother Matt didn't want to be left out, so he grabbed the mandolin."

The Orkin brothers continued to master their instruments until a sour note struck in July 2011. "After a tooth extraction, my lymph nodes swelled to the size of baseballs in my neck and also under both armpits," shares Josh. "It was clearly more than an infection." A friend suggested Josh seek treatment at the **Leavey Cancer Center** for

its cancer-curing reputation. A biopsy revealed stage 2 Hodgkin's Lymphoma—the same disease his father conquered in 1979 and remained cancer-free until his passing in 2009.

Josh underwent chemotherapy every two weeks at the Leavey Cancer Center. After six months, he was cancer-free.

In 2012, their band *King Baby* was born, and the brothers started playing gigs around town. By day, they worked for the school district, Josh as a special education assistant and Matt as a targeted student populations advisor. By night and on weekends, they fed their passion for blues and ragtime. *King Baby* had a two-year run before Matt started feeling overworked. "My symptoms were mimicking a cold," he recalls. "I was tired and had a dry cough, low-grade fever and night

sweats." Matt went undiagnosed for a couple of weeks until a CT-guided biopsy showed a mass in his chest—stage 2 Lymphoma.

In August 2014, Matt began four months of chemotherapy. "Thankfully, Northridge Hospital offered me the choice of a home pump, and I spent not one night in the hospital," shares Matt. "I visited the Cancer Center daily during treatment, but I know returning home each day aided in my recovery."

Josh, having battled cancer three years prior, stepped in as Matt's caregiver. There was no time for music. "When he wasn't at work or college, he was doing everything for me," says Matt. "My mom also helped, and this was her third immediate family member to deal with cancer." Matt, like his father and brother, won the battle and is now cancer-free.

"Thankfully, Northridge Hospital offered me the choice of a home pump, and I spent not one night in the hospital," shares Matt. "I visited the Cancer Center daily during treatment, but I know returning home each day aided in my recovery."

Today, life has struck a high note: *King Baby* is back on the music scene—now with a story rich with challenges overcome.

# Breast Cancer Survivors & Do-It-All Moms

**W**orking moms juggle a heavy load—homework, practices, games, grocery shopping, laundry—oh, and let’s not forget the 9-to-5. Add breast cancer into the mix, and it can get overwhelming. Social worker and mother of three **Marta Blum, MSW**, knows the battle all too well—she’s fought it twice.

At 18 years old, Marta lost her mother to cancer and decided to get extensive genetic testing. She tested positive for BRCA 1 (Breast Cancer gene).



**Ronald Tang, DO,**  
**Hematologist/Medical**  
**Oncologist**

“BRCA 1 and BRCA 2 are hereditary genes that carry an increased risk for ovarian cancer, breast cancer and possibly other cancers as well,” explains **Ronald Tang, DO, Hematologist/Medical Oncologist**. “Recommended treatments include a mastectomy and partial hysterectomy.”

However, Marta chose to marry, gain two stepdaughters and have a baby before pursuing the prescribed course of action. Just prior to her daughter Ella’s first birthday, she was diagnosed with breast cancer. She underwent a double mastectomy with reconstruction, a partial hysterectomy and chemotherapy treatment. All along, Marta continued working and caring for her children.

After her first bout with breast cancer, Marta remained in remission for four years. Following a recent recurrence, she underwent a lumpectomy, radiation with the **Trilogy Stereotactic Radiation Therapy** (see page 7) and chemotherapy at the **Thomas and Dorothy Leavey Cancer Center**. “On a scale of 1 to 10, my care was a 10,” she shares. “The doctors are amazing, and I love the staff.”

As an added therapeutic touch, Marta received free massages during treatment, compliments of the Angie’s Spa Cancer Foundation. “The massages were wonderful,” recalls Marta. “They definitely made it easier to come for treatment.”

Today, she is cancer-free. Through it all, Marta never slowed down. She keeps up with her teenagers and 6-year-old Ella’s piano lessons and soccer games. She also established a support group especially for moms with cancer ([www.MommysWithCancer.org](http://www.MommysWithCancer.org)). “We meet at my home monthly to give one another strength and hope—all while our children play in the backyard,” she describes.



**Marta Blum remained active with her daughter Ella throughout her second battle with breast cancer.**



## Massage for Cancer Patients

The Angie’s Spa Cancer Foundation is named after Angie Levy, a young cancer patient who succumbed to her disease after a decade-long battle. The organization provides free in-hospital massages for patients undergoing chemotherapy, radiation and surgery at the Leavey Cancer Center. The massages are proven to decrease stress and alleviate some side effects of treatment.



# Cancer's Guardian ANGELS

They say a cancer diagnosis can bring a new perspective on life. Just ask Youlia Sempertegui. “After a while, I was okay that cancer happened to me,” she says. “It brought me so much positivity and kindness. It gave me a second chance at life and to hear my children laugh.”

In April 2014, Youlia was diagnosed with stage 3 breast cancer after her primary physician felt a lump during a routine physical. According to the American Cancer Society, stage 3 breast cancer has a five-year survival rate of 72 percent.

“When I first found out, I was shocked and crying,” she recalls. “My life flashed in front of me. But I knew I had to save my children from growing up without a mother.”

Youlia’s treatment was aggressive: a double mastectomy, 16 chemotherapy treatments and Intensity Modulated Radiation Therapy with **Afshin Safa, MD, Radiation Oncologist**.

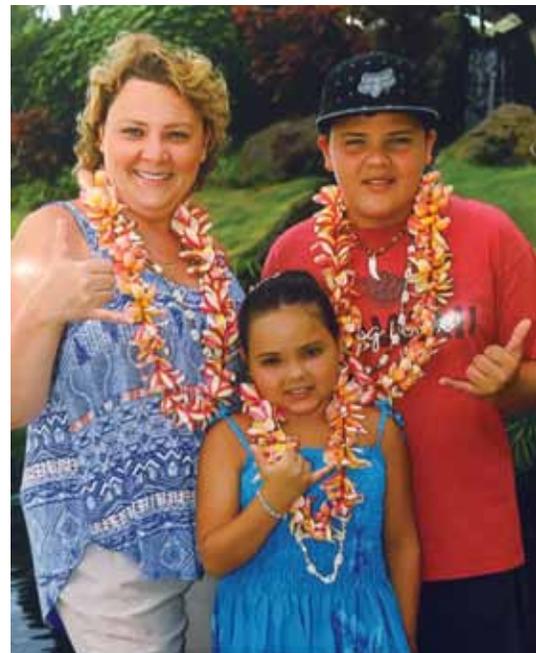
“There were times I didn’t think I could make it through,” Youlia remembers. “But the Leavey Cancer Center doctors and staff are my guardian angels—they helped me through it.”

Youlia had recently started a new job as a banker, and she didn’t have much time off accrued. So her friends pitched in. They drove her to treatment sessions, took her kids to sports activities (including a three-day breast cancer run/walk), cooked the family’s meals and helped care for Youlia’s mother, who lives with her.

For additional emotional support, Youlia joined Northridge Hospital’s **Breast Cancer Support Group** where she was considered the baby of the group among 10- and 15-year survivors. “They helped me heal and became my sisters,” she says. “We’re not related by blood, but by cancer.”

Six months after her diagnosis, good news came: Youlia was in remission. But there was another setback: She tested positive for a BRCA gene, which increased her risk for ovarian cancer as well. She chose to have her ovaries removed.

Her friends didn’t miss a beat. They bought her a gym membership and paid for her family to vacation in Maui. “It’s been amazing,” she says. “We need all of the love and support we can get, and that’s what my friends did for me. They kept me alive, and I’m forever grateful.”



Youlia’s friends sent her and her family on a vacation to Maui following her treatment for breast cancer.

## Breast Cancer Support Group

The Leavey Cancer Center offers a free Breast Cancer Support Group on the second and fourth Tuesday of each month from 7–8:30 p.m. For more details, please call 818.885.8500, ext. 5668.



**Lasika C. Seneviratne, MD, Hematologist/Medical Oncologist**

## Digital Mammograms for Early Detection

Early detection is the best way to fight breast cancer. That’s why routine mammograms are so important. “Upon turning 40, all women should schedule annual mammography examinations,” says **Lasika C. Seneviratne, MD, Hematologist/Medical Oncologist**. “For women with a family or personal history of breast cancer, mammography needs to begin sooner.” When it’s time for your exam, there’s no better place to turn than the Carole Pump Women’s Center at Northridge Hospital where we offer digital mammograms for fast, accurate results.

## COMING SOON

### Get InQuicker for a Mammogram

Simply log on to [www.dignityhealth.org/northridgehospital](http://www.dignityhealth.org/northridgehospital), click on the InQuicker link and schedule your mammogram at a time that is convenient for you.

# Like a Rock... in My Fight Against Prostate Cancer

By Sean Kroetz—Prostate Cancer Survivor

▶ **INVINCIBLE** Perfect. That's how I describe my annual physicals and blood work. That's just how I roll. In March 2013, my Prostate Specific Antigen (PSA) was slightly elevated. My doctor wasn't too concerned, so why should I be? Besides, I eat well and work out five to six days a week.

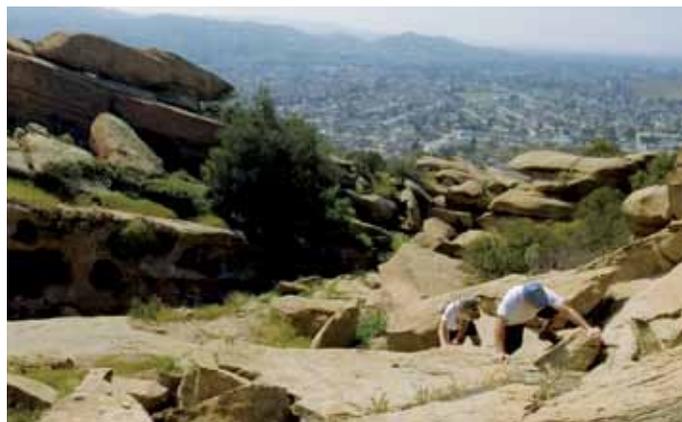
▶ **DENIAL** In March 2014, my PSA increased, and my doctor recommended I see a urologist. So I did—eight months later. Typical guy! That was one decision I'd regret.

▶ **FEAR** In November 2014, I saw the urologist. After a rectal exam, an MRI and a biopsy, I heard the words I feared most, "You have an aggressive, advanced form of prostate cancer" (Gleason 7+ out of 10).

▶ **ACCEPTANCE** In March 2015, **Robert Klein, MD, Urologist**, performed a 5.5-hour radical prostatectomy using da Vinci Si Robotics. Post surgery, one of my biggest issues was continence. I went home with a Foley catheter and urine bag strapped to my leg. When my catheter was removed, I had to wear urine pads. Most men who have this surgery wear pads for the rest of their lives. This was the bottom for me.

▶ **PERSEVERANCE** Prior to my diagnosis, I started going back to the gym after 25 years. In hindsight, I'm convinced I was preparing my body for this traumatic time. On the day of surgery, I was possibly in the best shape of my life. Nine days after surgery, I was in the gym. Three days later, I completed a 3.5-hour rigorous hike and rock climb. I was soaked, but not from sweat as I went through six to seven urine pads a day.

▶ **DETERMINATION** Next was 38 treatments of radiation with **Trilogy Stereotactic Radiation Therapy**. I was told that my continence was the best it would ever be. I was down to one pad, but determined not to wear one for life. I amped up my workouts and did more pelvic exercises than my physical therapist recommended. Midway through my treatment, I stopped wearing the pads.



Sean hiked and scaled this rock with his son Blake close behind just 12 days after prostate cancer surgery. He calls this his picture of pride, as it is symbolic of his journey and battle with cancer.

▶ **LIVESTRONG** I now wear a LIVESTRONG bracelet to support everyone with cancer. As I reflect back on this journey, I realize the importance of the three Fs (Faith, Family and Friends) and amazing doctors. However, in the end, this was all on me. I could have curled up with a bottle of whiskey and felt sorry for myself. Instead, I chose to return to work, the gym and coach my swim team. My mission is to be a voice for early prostate cancer detection and a resource of encouragement, support and compassion for those going through what I have. I cannot allow this to all be in vain.

## Who Needs a PSA Test?

"All men over the age of 40 should talk with their primary physician about scheduling a Prostate Specific Antigen (PSA) test," says **David Shin, MD, Medical Director, Hematology/Oncology**. "According to the American Cancer Society, about one in six men will be diagnosed with prostate cancer during their lifetimes. The good news is that more than 2.5 million men in the United States who have been diagnosed with prostate cancer are still alive today."



David Shin, MD,  
Medical Director,  
Hematology/Oncology

# Progressive Treatment Options & Cancer-Fighting Advancements

## Chemotherapy

“The Levey Cancer Center offers the newest generation of chemotherapy agents that effectively kill many types of cancer while minimizing side effects,” asserts **Boris Bagdasarian, DO, Medical Director, Levey Cancer Center.** “We also offer non-chemotherapy drugs that directly target cancer cells, often without significant harm to normal cells.”



**Boris Bagdasarian, DO, Medical Director, Levey Cancer Center**

For more information, call **818.700.2336.**

## da Vinci Si Robotic Surgical System

The da Vinci Si (Single Incision) Robotic Surgical System allows physicians to perform prostatectomy and other urological and gynecological procedures through a few incisions the



size of a dime. The da Vinci Si technology is so refined, it allows physicians to perform a gallbladder removal (cholecystectomy) or a hysterectomy through one small incision in the bellybutton. da Vinci Si’s enhanced high-definition 3-D vision and unparalleled precision enables surgeons to maneuver and control instruments in ways not humanly possible, which increases accuracy. Patient advantages include a shorter hospitalization, reduced pain, less scarring and a faster recovery.

For more information, call **818.885.3500.**

## Trilogy Linear Accelerator Stereotactic System

“The Harold & Carole Pump Department of Radiation Oncology was the first to bring the powerful Trilogy Linear Accelerator Stereotactic System to the region,” says **Afshin Safa, MD, Medical Director, Radiation Oncology.** “For image-guided radiation therapy and stereotactic radiosurgery, it can treat cancer anywhere in the body. Using pinpoint accuracy, the Trilogy delivers radiation beams that match the three-dimensional shape of a tumor. This spares healthy tissue, decreases treatment time and reduces side effects.”

We also offer an impressive variety of technological advancements that deliver high doses of radiation, avoid healthy tissue and successfully treat cancer:



**Afshin Safa, MD, Medical Director, Radiation Oncology, with the Trilogy**

- **Intensity Modulated Radiation Therapy (IMRT)**
- **Image Guided Radiation Treatment (IGRT)**
- **Brachytherapy**
- **Prostate Seed Implant**
- **Mammosite (breast cancer treatment)**
- **Stereotactic Radiation Therapy (SBRT, Trilogy)**

For more information, call **818.885.5331.**

## Promising Skin Cancer Treatment

**The Harold & Carole Pump Department of Radiation Oncology** also offers the Leipzig Applicator—a new non-invasive treatment for skin cancer that can treat sites, which were previously difficult to treat with external beam. High Dose Rate (HDR) Brachytherapy is used to treat superficial skin cancers in just eight treatments during a three-week period. Each of these non-invasive treatments last less than 10 minutes and is very well tolerated with minimal side effects.

# Honoring Their Parents' Memory by Raising Money to Fight Cancer



**T**he Harold & Carole Pump Foundation (H&CPF) honors a beloved father who lost his battle with cancer in 2000 and a loving mother who passed away in 2012. Using their unique relationship-building talents and skills, their sons Dana and David Pump, working with Northridge Hospital Foundation, have raised more than **\$7 million** for the **Carole Pump Women's Center**, the **Harold and Carole Pump Department of Radiation Oncology** and the **Thomas and Dorothy Leavey Cancer Center** at Northridge Hospital and other non-profit community charities.

The mission of the H&CPF is to raise funds and create awareness for the treatment and cure of cancer. By engaging the community, sports



David, Carole and Dana Pump

leaders and those touched by the disease, financial support is given to develop cancer treatments, programs and services and to obtain the most advanced medical technologies. In 2014, the H&CPF Outreach Program attended 118 community

events and educated more than 7,372 people on cancer awareness. Thanks to the Foundation's generosity, the Carole Pump Women's Center hosted 12 free health fairs for the uninsured in our community and provided 704 women with free mammograms.

## Family Fund

The Foundation also provides funding for home care to families who wish to discharge their loved one and continue their care in the comfort of their own home. Sponsored by H&CPF's Family Fund, this program provided nearly 1,599 hours of service in 2014. In addition, 1,101 rides were provided for patients lacking transportation to and from medical appointments and the Leavey Cancer Center.



At the Harold & Carole Pump Celebrity Golf Tournament and Dinner (L-R): David Pump, Doug Gottlieb (CBS Sports Announcer), Oscar Robertson (NBA Hall of Famer), Derek Jeter (New York Yankee Great), Thomas Hull (Legendary Pictures CEO), Steve Nash (Past NBA All-Star), Dana Pump and Chris Spencer (Comedian).

If you'd like to support the Northridge Hospital Foundation in helping others, call 818.885.5341, ext. 2 or visit [www.NorthridgeHospitalFoundation.org](http://www.NorthridgeHospitalFoundation.org).

# Supportive Services

From the time patients are diagnosed, the Leavey Cancer Center integrates their medical, nutritional, pain management and emotional needs into a plan customized specifically for them.

## Navigator Program

“Navigator Programs are nationally recognized for increasing a cancer patient’s chances for survival and quality of life,” says **Nubar Boghossian, MD, Hematologist/Oncologist**. “The Cancer Center’s Clinical Navigator is the patient’s point-of-contact concierge and resource for each patient’s unique needs.” During treatment, patients can rely on their Navigator to assist with:



**Nubar Boghossian, MD, Hematologist/Medical Oncologist**

- Coordination of patient appointments with other specialists
- Acquainting patients with all of our services, including our Oncology Unit, Leavey Cancer Center and the Carole Pump Women’s Center
- Pre- and post-operative surgery education
- Connecting patients and families with psychosocial support, classes, programs and support groups
- Enrolling patients in the Hospital’s comprehensive Patient Orientation Program, Navigating Through Your Cancer Journey

**For more information, please call 818.885.5471.**

**Nutritional Counseling** – patients learn to optimize nutrition to repair the effects of cancer treatments

**Pain Program** – ensures that patients who have pain are identified and treated effectively

**Pet Therapy** – utilizes special therapy dogs to help reduce stress in patients



**Spiritual Care** – honors patients’ faith, beliefs and values and provides spiritual support to ease the stress of coping with cancer

**Healing Garden** – a relaxing place just outside the Cancer Center entrance for patients and visitors to sit and rest

## Chronic Disease/Transitional Care

**Chronic Disease/Transitional Care** is a consultative service that supports patients’ and families’ needs throughout the continuum of many chronic illnesses, including cancer. A compassionate team—including the physician medical director, nurse practitioners, social workers and clinical pharmacist—supports patients throughout the hospital stay and after discharge.



**Jeremy Grosser, MD, Medical Director, Chronic Disease/Transitional Care**

“The team addresses physical, emotional, social, palliative and spiritual needs of patients/care partners,” explains **Jeremy Grosser, MD, Program Medical Director**. The team’s individualized plan of care includes: follow-up phone calls; home visits; ensuring patients take appropriate medications at home; helping to follow up with physicians; educating patients/families about advanced directives and disease process; and procuring food and transportation as needed.

## CANCER EDUCATION ALL CLASSES ARE FREE

### Look Good, Feel Better

*Presented by Northridge Hospital's Navigator Program*

For an evening of fun, join stylists coordinated by the American Cancer Society to learn how to use make-up, scarves and wigs to enhance physical appearance during cancer treatment. Limited to 12 participants who are undergoing or who have recently completed cancer treatment.

Wednesday, November 18, 6–8 p.m.  
Leavey Cancer Center Conference Room  
Please call 818.885.5471.

### Reaching Out—FREE Cancer Screenings\*

(\*For women who are uninsured and age 40 or older)

*Presented by Northridge Hospital Medical Center's Leavey Cancer Center and sponsored by the Harold Pump Foundation*

Community members will learn the importance of routine screenings for breast cancer and have the opportunity to receive free mammograms.

Mammograms: Second Friday of each month,  
8 a.m.–4:30 p.m.  
Carole Pump Women's Center  
To see if you qualify, please call 818.885.8500, ext. 5668.

### Is Your Estate Plan in Place, Accurate, Up-to-Date?

*Sponsored by Northridge Hospital Legacy Society*

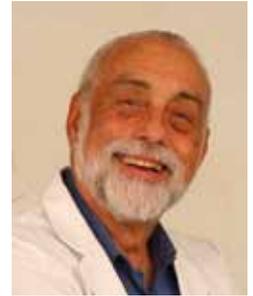
Please join us for a FREE seminar that will provide you with a clear understanding of advance directives, powers of attorney, trusts, wills and more! Advanced planning ensures your wishes will be followed and can protect your family from taxes, court costs and delays. Our presenter is Vanessa Terzian, JD, Loyola Law School, Principal/Terzian Law Partners, APC. Ms. Terzian specializes in estate and tax planning, asset protection, elder law, probate and trust administration.

Tuesday, November 3, 10–11:30 a.m.  
OR Wednesday, November 11, 4–6 p.m. (complimentary light refreshments will be available in both sessions)  
5<sup>th</sup> Floor Hale Penthouse Auditorium  
RSVP required by calling 818.885.5341, ext. 3 or e-mailing Jenny.Zeltser@dignityhealth.org.

## CANCER-FIGHTING TEAM

Our cancer-fighting team is comprised of tumor-specific Specialists, Oncologists, Radiation Oncologists, Medical Oncologists, Surgical Oncologists, Urologists and Specialized Oncology Nurses and Social Workers. "Patients benefit from the intervention of our highly experienced, interdisciplinary treatment team," states **J. Gary Davidson, MD, Hematology/Oncology**.

"Studies show that patients who are treated by a physician who specializes in a specific cancer live longer than those who are not."



**J. Gary Davidson, MD,  
Hematology/Oncology**

### CANCER PROGRAM PHYSICIANS

**Boris Bagdasarian, DO**, Hematology/Medical Oncology, Medical Director, Leavey Cancer Center

**Jeremy Grosser, MD**, Medical Director, Chronic Disease Transitional Care

**Harold Marks, MD**, Breast Surgeon and Moderator, Breast Tumor Board

**Afshin Safa, MD**, Radiation Oncologist, Medical Director, Radiation Oncology

**Anil Wadhvani, MD**, Medical Director, Imaging

**In partnership with Dignity Health – Northridge Hospital, Los Angeles Cancer Network's physicians are board-certified in Hematology and Oncology.**

**David Shin, MD**, Medical Director, Hematology/Oncology

**Boris Bagdasarian, DO**, Internal Medicine, Hematology, Medical Oncology, Bone Marrow Transplantation

**Nubar Boghossian, MD**, Internal Medicine, Hematology, Medical Oncology

**Lasika C. Seneviratne, MD**, Internal Medicine, Hematology, Medical Oncology

**Ronald Tang, DO**, Internal Medicine, Hematology, Medical Oncology

# Golden Hearts

Inspired to help others, the Pollard sisters earned their Girl Scout Gold Awards by helping patients at the Thomas and Dorothy Leavey Cancer Center and other areas of the Hospital.



Sisters MacKay Pollard (left) and Gwynn Pollard earned their Girl Scout Gold Awards by helping patients at the Thomas and Dorothy Leavey Cancer Center.

MacKay Pollard raised money to provide newly diagnosed cancer patients with 202 bags, appropriately named “Kathy’s Comfort Kits” after a cancer survivor who created them. The kits are packed with items to make patients feel warm and cozy, such as knit hats, scarves and goodies. “I was so inspired to do this project after seeing the bags and hearing how Kathy kept a positive attitude after everything she’d been through,” expresses MacKay. “I’m so grateful to have been given this opportunity.”

To earn her Gold Award, Gwynn Pollard wanted to do something useful that would have the most impact on the patients and staff. The answer: a DVD Library stocked with movies from various genres. “It’s great to see the whole project come to fruition,” shares Gwynn. “And to know it’ll make a difference in someone’s life.”



(L-R): Dana Arnaout, RN, Cancer Center Supervisor; Veronica Bonilla; Cecelia Bautista; Gary Davidson, MD, Hematology/Oncology; and Jill Dickson, RN, Director, Cancer Center.

## Made From The Heart

Through their organization, *Made From The Heart*, Veronica Bonilla and Cecelia Bautista from Noble Elementary School knit, crochet and loom chemo caps and scarves for patients fighting cancer or other illnesses.

## CANCER COMMITTEE

**Afshin Safa, MD**, Radiation Oncology, Cancer Committee Chair

**Kambiz Kosari, MD**, Surgical Oncology, Liver and Pancreas Program Medical Director

**Boris Bagdasarian, DO**, Oncology, Medical Director, Leavey Cancer Center

**Jeremy Grosser, MD**, Internal Medicine, Pain Control/Transitional Care Medical Director

**Harold Marks, MD**, Surgery, Cancer Liaison Physician

**Kimberly Mislick, MD, PhD**, Pathology and Laboratory Services Medical Director

**Anil Wadhvani, MD**, Diagnostic Radiology

*Languages spoken: English, Spanish, Korean, Tagalog, Farsi, Arabic, Cantonese, Malayalam, Afrikaans, Urdu and Armenian*

## 3 FREE Ways to Find-A-Cancer-Doctor

1. Call **818.908.8677**
2. Visit **[www.DignityHealth.org/northridgehospital](http://www.DignityHealth.org/northridgehospital)**
3. Go to **[Healthgrades.com](http://Healthgrades.com)**

18300 Roscoe Blvd  
Northridge, CA 91328  
[www.DignityHealth.org](http://www.DignityHealth.org)  
**FREE Find-A-Doctor 818.908.8677**  
or [www.DignityHealth.org/northridgehospital](http://www.DignityHealth.org/northridgehospital)



Named one of America's 100  
Best Hospitals by Healthgrades

## Need Access to Your Health Records?

### Enroll in Our Free Online Patient Center

Sign up to receive *free* secure online access to your medical records, test results and more! Simply provide your e-mail address when you check in for your appointment, and you'll receive an e-mail invitation to enroll in the Online Patient Center. Follow the quick, easy steps and you're in!

### Need Assistance?

Once you've enrolled, the Online Patient Center offers support 24 hours a day, seven days a week by calling 877.621.8014.

### Yep, There's an App for It Too!

The Online Patient Center is also available on the iPhone via the HealtheLife app! You'll have access to the same medical records content that is available on the website.



**BOOK  
MAMMOGRAM**

POWERED BY **InQuicker**

## COMING SOON

### Get InQuicker for a Mammogram

Scheduling a mammogram has never been so easy. Simply log on to [www.dignityhealth.org/northridgehospital](http://www.dignityhealth.org/northridgehospital), click on the InQuicker link and schedule your mammogram at a time that is convenient for you.

#### Free Giveaway!

Receive your mammogram during the month of October and receive a free pen and safety whistle.